



95% Pakistanis Believe Switching To Alternatives Can Help Quit Cigarettes

PRINT COVERAGE



As many as 86pc of Pakistani smokers who wanted to quit cigarettes were unsuccessful despite repeated attempts, reveals an opinion survey conducted in major cities across the country. 95pc of these Pakistanis, however, told that switching to alternatives allowed them to quit the harmful habit of smoking.

At a ceremony held in Islamabad, sharing details of the survey with media, Mirza M. Abeer, founder and CEO of Association for Smoking Alternatives Pakistan (ASAP), believes the best option is for smokers to quit, but the majority of smokers who cannot quit should at least move to safer alternatives such as e-cigarettes or heated tobacco products.

The survey was commissioned by the ASAP with over 600 smokers and users of alternatives to help understand consumer perceptions about cigarette alternatives in the country. The research was a component of anti-smoking campaign launched in early November to get 1 million Pakistanis to quit cigarettes.

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ISLAMABAD

PR

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The survey asked the participants about the reasons for quitting and all of them highlighted that better health is

one of the primary reasons for switching away from cigarettes, and 98 percent of the participants believed their health has improved as a result of switching.

The survey also covered the government's role, where 82 percent of participants believed the harm caused by cigarette smoking is a public health crisis in Pakistan, and 80 percent be-

lieved the use of alternatives to cigarette smoking can help reduce the number of smokers in the country.

About 89 percent of the participants were of the view that in order to help quit smoking, alternatives to cigarettes should be readily available to smokers in Pakistan. The survey also revealed that 86 percent indicated lack of awareness about the benefits of these alternatives as the major cause.

Lastly, 89 percent of participants also understood that the government should encourage existing users who do not quit cigarettes to at least switch to safer alternatives.

Mirza M. Abeer, a lawyer by profession, has founded the largest online community of smokers turned alternative users in Pakistan. His efforts take inspiration from the UK government's policies that encourage alternatives to cigarettes to reduce the country's smoking rates.

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The Nation

Islamabad | Thursday, November 25, 2021

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INP
ISLAMABAD

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At a ceremony held here on Wednesday, sharing details of the survey with media, Mirza M. Abeer, founder and CEO of Association for Smoking Alternatives Pakistan (ASAP), believed the best option for smokers is to quit smoking, but the majority of smokers who cannot quit should at least move to safer alternatives such as e-cigarettes or heated tobacco products.

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Karachi Edition

FRIDAY,

November 26, 2021

Rabi Al-Akhar 20, 1443

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Daily The Spokesman

Thursday, November 25, 2021

Health Corner

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The
Statesman

Thursday, November 25, 2021

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PESHAWAR: Around 95 percent Pakistanis believe switching to alternatives can help them to quit the harmful habit of smoking and 86 percent smokers who wanted to quit cigarettes were unsuccessful despite repeated attempts, reveals an opinion survey conducted in major cities across the country.

At a ceremony, sharing details of the survey with media, Founder and CEO of Association for Smoking Alternatives Pakistan (ASAP), Mirza M. Abeer, believes the best option for smokers is to quit cigarette, but the majority of smokers who cannot quit the habit should at least move to safer alternatives.

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Islamabad POST

Friday, November 26, 2021

Quitting cigarette difficult but possible: Survey

DNA

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پاکستان میں 86 فیصد لوگ سگریٹ چھوڑنا چاہتے، سروے رپورٹ



(فوٹو: اے ایس اے پی) مرزا محمد عمیر، سی ای او ایسوسی ایشن فار اسموکنگ آلٹرنیٹوز، پریس کانفرنس میں سروے کی تفصیلات بیان کر رہے ہیں۔

پاکستان کے بڑے شہروں میں رائے عامہ کے ایک حالیہ سروے میں انکشاف ہوا ہے کہ پاکستانی سگریٹ نوشوں میں سے 86 فیصد لوگ سگریٹ چھوڑنا چاہتے ہیں مگر وہ بار بار کوشش کے: اسلام آباد باوجود ناکام رہے ہیں۔ تاہم ان پاکستانیوں میں سے 95 فیصد نے بتایا کہ تمباکو نوشی کے متبادل سے لوگوں کو سگریٹ نوشی کی نقصان دہ عادت چھوڑنے کا موقع ملا۔

اسلام آباد میں منعقدہ ایک پریس کانفرنس میں اس سروے کی تفصیلات بتاتے ہوئے ایسوسی ایشن فار اسموکنگ آلٹرنیٹوز پاکستان کے چیف ایگزیکٹو آفیسر مرزا محمد عمیر نے کہا کہ سگریٹ نوشی کرنے والوں کے لیے بہترین اسے ترک کرنا ہے لیکن اکثریت تمباکو نوشی سے پیچھا چھڑانے میں ناکام رہتی ہے۔ البتہ ایسے افراد کو چاہیے کہ وہ کم از کم محفوظ متبادل ذرائع اختیار کریں۔

یہ سروے ایسوسی ایشن فار اسموکنگ آلٹرنیٹوز پاکستان کی جانب سے فار سائٹ ریسرچ نے انجام دیا تھا جس میں 600 سے زائد تمباکو نوشوں اور متبادل استعمال کرنے والوں کے ساتھ ملک میں سگریٹ کے متبادل کے بارے میں صارفین کے تاثرات کو سمجھنے میں مدد کے لیے کروایا تھا۔

یہ تحقیق ایسوسی ایشن فار اسموکنگ آلٹرنیٹوز پاکستان کی ایک ملک گیر مہم کا حصہ تھی نومبر 2021 کے اوائل میں شروع کیا گیا تھا۔ اس مہم کا مقصد 10 لاکھ پاکستانیوں کو سگریٹ چھوڑنے پر آمادہ کرنا تھا۔ اس سے ملک میں تمباکو نوشی کرنے والوں کی تعداد کو کم کرنے میں بہت مدد ملے گی،" مرزا محمد عمیر نے کہا۔

سروے میں شرکاء سے سگریٹ چھوڑنے کی وجوہ کے بارے میں پوچھا گیا اور ان سب نے بہتر صحت کو سگریٹ چھوڑنے کی بنیادی وجوہ میں سے ایک قرار دیا۔ 9 فیصد شرکاء کا خیال تھا کہ متبادل ذرائع کے نتیجے میں ان کی صحت میں بہتری آئی ہے۔

سروے میں حکومت کے کردار کا بھی احاطہ کیا گیا۔ اس کے تحت 82 فیصد شرکاء کا خیال تھا کہ سگریٹ نوشی سے ہونے والا نقصان پاکستان میں صحت عامہ کا بحران ہے؛ اور 80 فیصد کا خیال ہے کہ سگریٹ نوشی کے متبادل کے استعمال سے تمباکو نوشی کرنے والوں کی تعداد کم کرنے میں مدد مل سکتی ہے۔

تقریباً 89 فیصد شرکاء کا خیال تھا کہ تمباکو نوشی چھوڑنے میں مدد کے لیے پاکستان میں تمباکو نوشی کرنے والوں کے لیے سگریٹ کا متبادل آسانی سے دستیاب ہونا چاہیے۔

سروے میں یہ بھی انکشاف ہوا کہ 86 فیصد نے ان متبادلات کے فوائد کے بارے میں آگاہی کی کمی کو بڑی وجہ قرار دیا۔

آخر میں 89 فیصد شرکاء کا یہ بھی کہنا تھا کہ حکومت کو جو موجودہ تمباکو نوش اگر سگریٹ نہیں چھوڑتے تو کم از کم حکومت کو اس کے متبادل ذرائع استعمال کرنے کی ترغیب دینے کے لیے ان کی حوصلہ افزائی کرنی چاہیے۔

مرزا محمد عمیر پیشہ کے اعتبار سے ایک وکیل ہیں جنہوں نے پاکستان میں تمباکو نوشی ترک کرنے والوں کی سب سے بڑی آن لائن کمیونٹی کی بنیاد رکھی ہے۔ ان کی کوششیں برطانیہ کی حکومت کی ان پالیسیوں سے متاثر ہیں جو ملک میں سگریٹ نوشی کی شرح کو کم کرنے کے لیے سگریٹ کے متبادل کی حوصلہ افزائی کرتی ہیں۔

پاکستان میں تمباکو نوشی کے متبادل کے لیے ایسوسی ایشن امید رکھتی ہے کہ حکومت پاکستان اسی طرح کی پالیسیاں نافذ کرے گی اور تمباکو نوشی چھوڑنے سے قاصر افراد کے لیے جگہ پیدا کرے گی۔

Pakistan OBSERVER

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95pc Pakistanis believe switching to alternatives could help quit cigarettes: Survey

ZUBAIR QURESHI

Around 86 per cent Pakistani smokers who wanted to quit cigarettes were not successful despite repeated attempts, reveals an opinion survey conducted in the federal capital.

According to the findings of the survey, 95pc of these Pakistanis, however, said that switching over to alternatives allowed and helped them quit the harmful habit of smoking.

At a ceremony held in Islamabad, while sharing the details of the survey with media, Founder and CEO of The Association for Smoking Alternatives Pakistan (ASAP), Mirza M Abeer, said he believed the best option for smokers to quit were safer alternatives such as e-cigarettes or heated tobacco products.

The survey was commissioned by the ASAP and conducted by Foresight Research with over 600 smokers and users of alternatives to help understand consumer perceptions about cigarette alternatives.

The research was a component of ASAP's anti-smoking campaign launched in early November to get 1 million Pakistanis to quit cigarettes.

"This would help a lot in reducing the number of smokers in the country," he remarked.

The survey asked the participants about the reasons for quitting and all of them highlighted that better health is one of the primary reasons for switching away from cigarettes, and 98 percent of the participants believed their health has improved as

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پاکستان میں 86 فیصد لوگ سگریٹ چھوڑنا چاہتے تھے: سروے رپورٹ

سورگرز کو تباہی کی طرف جانے سے سگریٹ چھوڑنے میں مدد مل سکتی ہے: مرزا محمد مجاہد

اسلام آباد (خبرنگار) پاکستان میں سگریٹ نوشی پچانوے فیصد نے ہمیں بتایا کہ تمباکو نوشی کے تباہی کرنے والوں میں سے چھپاسی فیصد لوگ جو سے لوگوں کو سگریٹ نوشی کی نقصان دہ عادت سگریٹ چھوڑنا چاہتے تھے بار بار کوشش کے باوجود چھوڑنے کا موقع ملا ہے ملک بھر کے بڑے شہروں تکام رہتے ہیں تاہم ان پاکستانیوں میں سے میں کیے گئے مارے عامر 7 اگست پر پجہ نمبر 87

بقیہ 87	سروے رپورٹ
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کے مارے عامر سروے میں یہ اکتشاف کے گئے ہیں اسلام آباد میں یہ سس کاغذوں میں سروے کی تفصیلات بتاتے ہوئے خصوصی ایجنٹ مار سوگنگ آفریجنیوں نے پاکستان کے چھپا گئے سگریٹ نوشی کرنے والوں کے لیے بھاری سگریٹ نوشی ترک کرنے والوں کے لیے بھاری آہن ہے کہ تمباکو نوشی ترک نہیں کر سکتے لیکن ان کی اکثریت جو تمباکو نوشی نہیں چھوڑ سکتے، وہ ملک کم از کم مملکت تباہی و تاراج کی طرف بڑھیں یہ سروے کا خصوصی ایجنٹ مار سوگنگ آفریجنیوں نے پاکستان کی طرف سے شروع کیا گیا تھا، مار سوگنگ کے سرچ نے چھوڑنا کہ تمباکو نوشی کرنے والوں کو تباہی و تاراج کرنے والوں کے ساتھ ملک میں سگریٹ کے تباہی کے پورے میں مار سس کے اشارات کو گھنٹے میں مدد کے لیے کہنا چاہیے تحقیقی خصوصی ایجنٹ مار سوگنگ آفریجنیوں نے پاکستان کا ایک جرنل سے نوہر کے اوائل میں شروع کیا گیا تھا جس کا مقصد 10 لاکھ پاکستانیوں کو سگریٹ چھوڑنا تھا اس سے ملک میں تمباکو نوشی کرنے والوں کی تعداد کو کم کرنے میں بہت مدد ملے گی۔



اے ایس اے پی کا ملک میں تمباکو نوشی کے حوالے سے سروے

80 فیصد کہتے ہیں متبادل استعمال سے تمباکو نوشی کرنے والوں کی تعداد میں کمی لائی جاسکتی ہے، 89 فیصد کا کہنا تھا تمباکو نوشی چھوڑنے میں مدد کیلئے متبادل آسانی سے دستیاب ہونا چاہیے، 3 شہروں کراچی، لاہور اور اسلام آباد میں کیا گیا تھا، تحقیق اے ایس اے پی نے نومبر کے شروع میں کیا تھا، سروے کا مقصد 10 لاکھ پاکستانیوں کو سگریٹ چھوڑنا تھا، سروے چھ سو سے زائد تمباکو نوشی اور متبادل استعمال کرنے والوں پر کیا گیا،

اسلام آباد (سٹاف رپورٹر) اے ایس اے پی کا ملک میں تمباکو نوشی کے حوالے سے سروے، 95 فیصد پاکستانیوں سگریٹ چھوڑنے میں متبادل سے مدد مل سکتی ہے، چھیا سی فیصد لوگ سگریٹ چھوڑنا چاہتے تھے لیکن کوششوں کے باوجود ناکام رہے، ستانوے فیصد کے مطابق متبادل استعمال کے نتیجے میں ان کی صحت میں بہتری آئی، 82 فیصد سگریٹ نوشی سے ہونے والے نقصان، پاکستان میں صحت کا بحران ہے،



اے ایس اے پی کے سی ای او ایمر مرزا سیمینار سے خطاب کر رہے ہیں

NEWSPAPERS WEB COVERAGE



<https://propakistani.pk/2021/11/25/pakistani-smokers-believe-switching-to-alternatives-can-help-quit-cigarettes/>



<https://www.urdupoint.com/en/health/95-pc-pakistanis-believe-switching-to-alterna-1409334.html>



<https://www.technologytimes.pk/2021/11/24/95-pakistanis-believe-switching-to-alternatives-can-help-quit-cigarettes/>



<https://onenewstv.com/en/86-of-people-in-pakistan-want-to-quit-smoking-survey-report/>



<https://247news.com.pk/95-pakistanis-believe-switching-to-alternatives-can-help-quit-cigarettes/>



https://www.instagram.com/p/CWp-sFYreG4/?utm_medium=share_sheet



<https://dailyausaf.com/viral-news/news-202111-129253.html>



<https://dailyausaf.com/en/health/95-pakistanis-believe-switching-to-alternatives-can-help-quit-cigarettes.html>



<https://theazb.com/95-of-pakistanis-believe-switching-to-alternatives-can-help-quit-cigarettes/>



<https://buyingcigarettesonlinee.com/95-pakistanis-think-switching-to-alternatives-can-help-quit-smoking/>

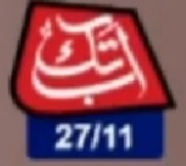


<https://nbianews.com/95-pakistanis-believe-switching-to-alternatives-can-help-quit-cigarettes/>



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CONTINUE NEXT PAGE



97 فیصد کے مطابق متبادل استعمال کے نتیجے میں ان کی صحت میں بہتری آئی ہے، سروے

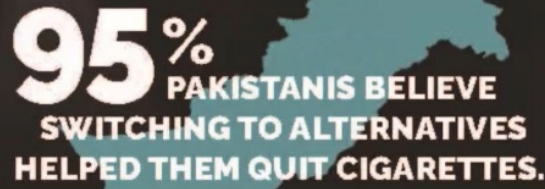
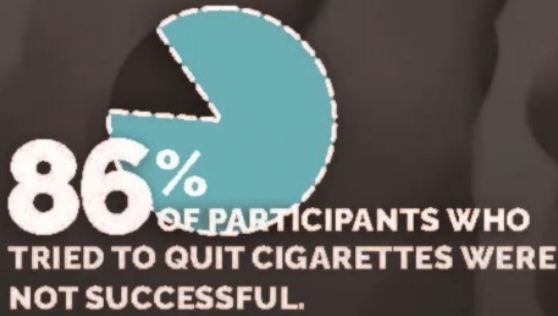


Mirza Muhammad Abeer
CEO ASAP

ASAP

TELECAST FOOTAGE OF LEADING TV CHANNELS

IN A SURVEY CONDUCTED BY FORESIGHT RESEARCH WITH SMOKERS AND ALTERNATIVE USERS IN KARACHI, LAHORE AND ISLAMABAD, ASAP FOUND:



HUM
news

20 رجب الثانی

کے واپس لوٹنے کی ٹیٹھ اور واپس ریسرچ میں ٹیم کی قیادت کے سرگ



HUM
news

10:15 AM

شانی ہوپ ویسٹ انڈیز ٹیم کی نائب کپتانی کے فرائض سرانجام دیں گے

TELECAST FOOTAGE OF LEADING TV CHANNELS



98% OF US SWITCHED FROM CIGARETTES TO ALTERNATIVES BECAUSE THEIR HEALTH HAS IMPROVED AS A RESULT

ASAP QUIT NOW!

89% OF PARTICIPANTS SWITCHED FROM CIGARETTES TO ALTERNATIVES BECAUSE THEIR HEALTH HAS IMPROVED AS A RESULT

82% OF PARTICIPANTS SWITCHED FROM CIGARETTES TO ALTERNATIVES BECAUSE THEIR HEALTH HAS IMPROVED AS A RESULT

9 NEWS

86 فیصد پاکستانی سگریٹ چھوڑنا چاہتے تھے جو ناکام رہے

MARYAM AND CO FORCED MANY INSTITUTIONS TO SHUTDOWN: AZHAR

Thursday
[3@aa] urdu
BREAKING

بھارتی فوجیوں نے سرینگر میں 3 نوجوانوں کو شہید کر دیا



مرزا محمد مجید، ایڈیٹر، ڈی ایچ، سول سائیکھ، لاہور

3 شہروں میں اے ایس اے پی کی سروے رپورٹ بھی جاری

آرمی چیف نے دہشت گردی کو شکست دینے کیلئے قوم کی لاتعداد قربانیوں کا تذکرہ کیا

TELECAST FOOTAGE OF LEADING TV CHANNELS





<https://www.pakistantoday.com.pk/2021/11/25/95-pakistanis-believe-switching-to-alternatives-can-help-quit-cigarettes/>



<https://dailytimes.com.pk/845726/95pc-pakistanis-believe-switching-to-alternatives-can-help-quit-cigarettes/>



<https://nation.com.pk/25-Nov-2021/95pc-believe-switching-to-alternatives-can-help-quit-cigarettes>



<https://www.dawn.com/news/1660034/senate-body-okays-organ-transplantation-bill>



<https://pakobserver.net/95pc-pakistanis-believe-switching-to-alternatives-could-help-quit-cigarettes-survey/>



<https://www.express.pk/story/2250973/9812>



<https://www.nawaiwaqt.com.pk/E-Paper/islamabad/2021-11-25/page-10/detail-45>



https://e.dunya.com.pk/detail.php?date=2021-11-25&edition=ISL&id=5856132_65019305



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Pakistani Smokers Believe Switching to Alternatives Can Help Quit Cigarettes

By Umer Tariq | Updated Nov 25, 2021 | 2:53 pm

f t w in



www.UrduPoint.com

95 Pc Pakistanis Believe Switching To Alternatives Can Help Quit Cigarettes



5 days ago Wed 24th November 2021 | 04:30 PM



Reach
4 Millions +
People

Around 95 percent Pakistanis believe switching to alternatives can help them to quit the harmful habit of smoking and 86 percent smokers who wanted to quit cigarettes were unsuccessful despite repeated attempts, reveals an opinion survey conducted in major cities.

EVENT SNAPSHOTS





Thursday

November 25, 2021

Rabi-us-Sani 19, 1443 A.H.

22 pages

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COAS for global convergence on Afghanistan

UK's special envoy Nigel Casey, Qatari naval chief meet Gen Bajwa separately

Our Correspondent

RAWALPINDI: Chief of the Army Staff Gen Qamar Javed Bajwa has reiterated the need for global convergence on Afghanistan for avoiding humanitarian crisis and coordinated efforts for economic uplift of the Afghan people.

The COAS was talking to Nigel Casey, Director to Afghanistan, Pakistan and Iran for Foreign Commonwealth Development Office (FCDO) and UK's Special Representative on Afghanistan and Pakistan (SRAP) who called on him at GHQ here Wednesday.

Gen Bajwa re-emphasized that "Peace in Afghanistan means peace in Pakistan".

Pentagon creates new office to probe UFO reports

Maryam maligning judiciary through fake audio: Gill

MP's body shortlists two names each from Punjab, KP

IAEA chief reports 'no progress' in talks with Iran

SBP keeps inflation forecast unchanged; sees significant risk from high food, energy prices

Audio tapes a mere drama: Imran

PM says Pakistan's biggest problem is corruption; time needed to mend corrupt system; shocks to note a convicted person invited to speak in judges' moot; urges Sharifs to tell how London flats were bought; instead of providing evidence in court campaign started against judges, army; will provide interest-free loans to 4m deserving households for building their homes; citizens will get universal healthcare

Mumtaz Ali

ISLAMABAD: Prime Minister Imran Khan Wednesday said all would see with their own eyes Pakistan becoming the greatest nation, being his last ambition.

He criticised the former chief justice's alleged audio and other leaked documents, saying that the audio tapes that are coming out in the name of judges are all dramas. He reiterated that Pakistan's biggest problem was corruption

Continued on Page 8



ISLAMABAD/RAWALPINDI/KARACHI: A large number of people rushed to petrol pumps on Wednesday to refuel tanks of their vehicles as Pakistan Petroleum Dealers Association announced a strike from today (Thursday) till acceptance of their demands. — Online/Khalid Raja (Another picture on Page 9)

Dealers strike Panic buying leads to long queues at filling stations

Onih Azam/ News Desk

KARACHI/ LAHORE/ RAWALPINDI/ISLAMABAD/ PESHAWAR: Brawls, large-scale traffic jams and panic buying were witnessed across the country on Wednesday evening around petrol pumps where scores of vehicles and motorcycles had lined up after the Pakistan Petroleum Dealers Association (PPDA) announced a countrywide strike on Thursday against what they termed as low-profit margins.

In Karachi, commuters on their way back home rushed to the petrol pumps to get their fuel tanks filled in long queues, which disrupted the traffic movement on major arteries of Karachi. The association has announced to close all the pumps by 6am on Thursday. According to Traffic Awareness and Social Media Unit

PSO, Shell, TOTAL will keep their outlets open

Continued on Page 8

A tale of two towers

Umar Cheema

ISLAMABAD: Three years apart, two high-rise buildings in Islamabad and Karachi — Grand Hyatt Hotel and Nasla Tower — have met different fates when dealt with by the Supreme Court of Pakistan.

In January 2019, a three-member bench, headed by the then-Chief Justice Saqib Nisar, restored the lease of the Grand Hyatt Hotel, which was cancelled by the Capital Development Authority over violations of by-laws. The plot was allotted to Ms BNP for the construction of Grand Hyatt Hotel but it instead built

Continued on Page 8

Nisar must tell who forced him to punish us, says Maryam

Warns today or tomorrow, he will have to tell nation the truth; thanks TV channel for analysing leaked audio clip leading to Nisar's admission; asks ex-CJP to submit affidavit in response to Shamim's; questions why ministers are defending Saqib Nisar

Muhammad Anis

ISLAMABAD: The PMLN Vice President Maryam Nawaz on Wednesday asked former chief justice Saqib Nisar to come forward and tell the nation as to who

persecuted for conviction of herself and her father Muhammad Nawaz Sharif in Avenfield Apartments reference. "When it was that he could not refuse regarding conviction of us in Avenfield

reference," Maryam Nawaz, while addressing a press conference along with party's senior leaders Shahid Khaqan Abbasi and Ahsan Ishaque, said. "I am sure, Nisar will tell the nation as to who forced him to punish us. I am sure, Nisar will tell the nation as to who forced him to punish us. I am sure, Nisar will tell the nation as to who forced him to punish us."

Continued on Page 8

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PAKISTAN TODAY

Thursday, 25 November, 2021 | 19 Rabi-us-Sani, 1443 | Rs 15.00 | Vol XII No 147 | 12 Pages | Islamabad Edition

IT'S UNFORTUNATE TO SEE CJP AND A CONVICT INVITED TO SAME EVENT, SAYS IMRAN KHAN

ISLAMABAD
STAFF REPORT

PRIME Minister Imran Khan Wednesday said it was 'unfortunate' to see that the Chief Justice of Pakistan and a 'convict' who absconded the country were invited to speak at the same event.

The remarks were made at the Kamyab Jawan Convention 2021 held here - days after a controversy was created after PML-N leader Nawaz Sharif's address via a video link at the Asma Jahangir Conference in Lahore.

Khan said that at a function in Lahore the chief justice and Supreme Court judges were invited at a function.

"And who addresses that event? A man who has been convicted by the Supreme Court and who has absconded from the country," remarked

the prime minister, terming it as 'unfortunate'. Khan believed that a nation is destroyed when it stopped considering looting money a bad thing. "When a nation's morals die, that nation dies," he asserted.

"No one can wipe out a nation if its morality is intact," he remarked.

Terming the recent alleged audio clip of former CJP Mian Saqib Nisar as a 'blatant', the premier said that it was necessary to understand where this started. He said a country where its prime minister and ministers start stealing and taking public funds abroad and the country's people are not poor because of a lack of resources, they become poor when government officials start stealing from the people. Such a country can never progress, he added.

Commenting on the Panama Papers data leak, the premier said that the investigation revealed that PML-N leader Maryam Nawaz owned four flats in London.

"Where did this money for the apartments come from?" he argued.

"You may call the courts bad, you may call the army bad and I have already been dubbed as bad ... But answer from where did you get the money to buy those apartments," remarked Khan.

The prime minister went on to say that he had been dragged to the court over an apartment he owned in the United Kingdom when he was playing cricket and held no public office.

"I submitted all the details to the court," he said, pointing out that he had bought the apartment when he was a cricketer and not a public office holder. "Yet, I produced all the receipts, but they (PML-N leaders) lied in the National Assembly (regarding their assets)."

The prime minister launched four new projects for the uplift of the youth at the on the occasion. The projects include Kamyab Jawan Markaz,

Kamyab Jawan Green Youth Movement, Kamyab Jawan Innovation League and Kamyab Jawan Talent Hunt Youth Sports League.

The prime minister said such projects gave the people an opportunity to develop skills, get loans to start the businesses and "change their lives".

Sharing his experiences and difficulties he had faced throughout his career in cricket, politics and philanthropy, he said he was able to overcome all the challenges through hard work and because he dreamed big.

The premier also said that when he started his political journey 25 years ago, he found corruption to be the country's biggest problem.

"There was a corrupt system in place and that's why it is taking longer to make things right," he said, adding that the this nation, however, had great potential and was on its way to rise and "become something that was beyond imagination".

Maryam urges former CJP Nisar to come clean on audio tape



ISLAMABAD
STAFF REPORT

Pakistan Muslim League-Nawaz (PML-N) Vice President Maryam Nawaz on Wednesday urged former chief justice of Pakistan Saqib Nisar to be courageous and tell the nation that who had allegedly pressurised him to convict her and her father Nawaz Sharif.

Addressing a press conference in Islamabad, Maryam, while referring to the alleged leaked audio of former CJP Saqib Nisar, said: "I want to tell Saqib Nisar that he will have to tell the nation the truth. Who

forced you to convict Nawaz Sharif and Maryam Nawaz? Who asked you to bring Imran Khan [into power]?"

In the clip, which has not been independently verified by Pakistan Today, a voice, allegedly of the former CJP, can be heard saying: "Let me be a little blunt about it. Unfortunately, here it is the institutions that dictate judgements. In this case, we will have to punish Mian sahab (Nawaz Sharif). [I] have been told 'we have to bring Khan sahab (Imran Khan) [into power].'"

Maryam further said that as soon as the audio clip came

out, propaganda regarding the clip began to prove that the clip was doctored despite the fact that a very renowned American company did the forensic analysis of the clip.

However, the former CJP has termed the audio fabricated and denied that the voice in the clip is his.

Talking about another leaked audio clip attributed to her regarding advertisements on several TV channels, Maryam admitted that the audio of her instructing the media team not to give advertisements to few channels is real, adding that she will not say that it is edited.

In the viral audio, Maryam was heard giving instructions to the media team to stop advertisements of several TV channels during the PML-N tenure. The daughter of former prime minister Nawaz Sharif had said that no advertisement will be given to 24News, 92News, SAMAA and ARY.

AVENFIELD CASE HEARING: Meanwhile, the Islamabad High Court (IHC) accepted the request of Maryam's lawyer for case adjournment and postponed further hearing on appeals in Avenfield property reference till December 21.

» CONTINUED ON PAGE 05

Dollar crosses Rs175 mark again with 74 paisas gain

KARACHI
TLTP

Pakistani rupee failed to continue its winning streak against the US dollar on Wednesday, with the greenback crossing Rs175 mark yet once again.

According to the State Bank of Pakistan, the Pakistani rupee shed 74 paisas (-0.42 percent) against the US dollar in the inter-bank market, as the greenback opened at Rs174.30 and closed at Rs175.04. Within the open-market, the rupee was traded at 175.5/177 per dollar.

Overall, the local currency gained 20 paisas against the greenback during the last three days. The rupee's depreciation during the ongoing fiscal year 2021-22 has until Rs17.62 and Rs14.87 in the current year 2021.

According to currency experts, the government's announcement of reaching a deal with the International Monetary Fund (IMF) helped stabilise rupee during the previous two sessions. However, the two-day rally quickly fizzled out as

sentiments turned nervous when participants realised that IMF conditions are very demanding.

They, however, said that completion of the sixth review may help stabilise the exchange rate for a long period, adding it would arrest the rupee's slide and steer recovery of local currency against the greenback. They also said that large imports are still a threat to the rupee's stability.

The import bill also resulted in ballooning of the current account deficit. Pakistan's current account deficit sharply widened to \$5.08 billion during the first four months (July-October) of the current fiscal year, compared with a surplus of \$1.31 billion in the same period of the last year.

The experts said the latest efforts of the SBP might not help stabilise the exchange rate until foreign inflows are not materialised. They said the Saudi government has pledged \$3 billion as cash transfer to Pakistan for assisting in the balance of payment; however, such amount has not been transferred to the SBP yet, sending negative signals to the market.

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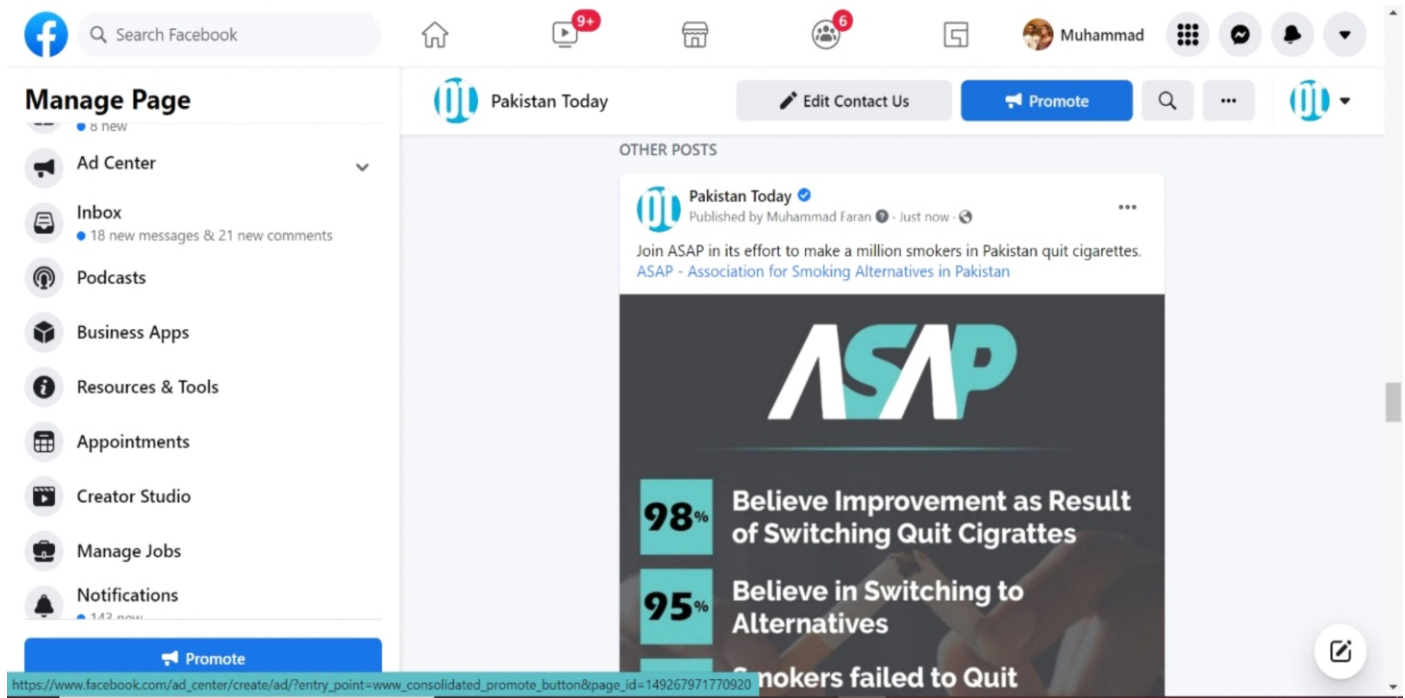
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